

APPLICATION

Last Name First Name

Home Address

City State Zip

Male/Female Age Date of Birth

Parent/Guardian Name

Lacrosse/Soccer/Speed & Agility experience

Email

How did you hear about us?

Check below:

T-shirt size:

Youth or **Adult**

S **M** **L** **XL**

Tuition:

Lacrosse Session \$195.00

Soccer Session \$175.00

Pre-school Soccer \$100.00

Check below the camp dates attending:

LACROSSE-Roseland Session 7/25 - 7/29

SOCCER-Millburn Session 8/8-8/12

SOCCER-Roseland Session #1 8/8-8/12

SOCCER-Roseland Preschool Soccer 8/8-8/12

SOCCER-Roseland Session #2 8/15-8/19

SOCCER-Roseland Preschool Soccer 8/15-8/19

Balance due with application form two weeks prior to each camp!

Mail checks and make payable to:

Sticks N' Kicks, Inc.

14 Glenwood Way

West Caldwell, NJ 07006

For further information please call:

973-809-8070

or

visit our website at www.sticksnkicks.com

Camp /Soccer Director

Rob Grosso

- Caldwell College
Head Men's Soccer Coach (present)
- Millburn High School Career Record:113-57-9
Boys Varsity Soccer Coach (2001-2010)
- 2009 Group 3 State Runner-Up
NJSIAA Soccer Coach of the Year
- 2008 Group 3 State Champions
NJ Sectional Coach of the Year
- 2007,2008,2009 Essex County Champions
Essex County Soccer Coach of the Year
- Montclair State University
2001 Leading Goal Scorer
- 2002 N.J. Imperials
(Semi-professional player)
- Nationally Certified Fitness Professional
- USSF Licensed Coach
- Livingston School District (2001-present)
Health & Physical Education Teacher

Boys Lacrosse Director

Rob Siris

- Hopewell Valley High School Varsity (7th year)
- Drew University Captain & All-Conference
- Former West Essex High School Standout

Coaching Staff

The Sticks N' Kicks staff consists of dedicated high school and college coaches as well as semi-professional players who are dedicated to improving each player's skills, technique, discipline, and confidence. The reduced camper-staff ratio creates a safe and fun environment which ensures that every player receives proper individual attention.

Summer 2011



DAY CAMPS

•Lacrosse •Soccer •Speed/Agility

www.sticksnkicks.com

GIFT CERTIFICATES
AVAILABLE!

A fully licensed camp serving the
lacrosse, soccer and fitness
community.

ROSELAND LACROSSE CAMP

July 25- July 29, at Roseland

(Lynn Debell Field)

MILLBURN SOCCER CAMP

August 8-12, at Millburn

(Millburn H. S.)

*Pre-school program offered

ROSELAND SOCCER CAMP # 1

August 8-12, at Roseland

(Lynn Debell Field)

*Pre-school program offered

ROSELAND SOCCER CAMP # 2

August 15-19, at Roseland

(Lynn Debell Field)

*Pre-school program offered

Tel: (973) 809-8070

Email: sticksnkicks@gmail.com

499 Eagle Rock Avenue
Roseland, NJ 07068

STICKS N' KICKS, Inc.
Lacrosse & Soccer Academy

STICKS N' KICKS

Lacrosse and Soccer Day Camps

Sticks N' Kicks Lacrosse and Soccer Camps offers male and female players ages 3-17 of all skill levels, an opportunity to further develop and improve their lacrosse and/or soccer skills. Each camper is grouped by age, ability, and playing experience. Programs build player confidence by helping each student achieve success at their own individual level.

Program objectives include:

- Introducing and analyzing skills
- Improving technical skills, tactical strategies, & physical development
- Helping students advance to the next level
- Providing game experience
- Creating a positive and fun learning environment

Camp Information

Who: Ages 3-17 (Boys and Girls)

Camp Hours:

Roseland Lacrosse Camp
9:00-11:30 am

Millburn Soccer Camp
9:00-11:30 am
Pre school program:
9:00-10:00 am

Roseland Soccer Camp #1
9:00-11:30 am
Pre school program:
10:30-11:30 am

Roseland Soccer Camp #2
9:00-11:30 am
Pre school program:
10:30-11:30 am

(All camps are Monday through Friday)

Tuition:

Lacrosse Session:	\$195.00
Soccer Session:	\$175.00
Preschool Soccer:	\$100.00

Full refunds will be given only if Sticks N' Kicks, Inc. is notified at least two weeks before the camp begins. If child can not attend camp because of medical reasons a doctors note must be provided.

In case of inclement weather please call us at 973-809-8070. Make up sessions due to inclement weather will only occur if two or more days within a week are cancelled.

One day cancellations will not be refunded or rescheduled.

Lacrosse & Soccer campers will receive :

- Camp T-Shirt

Lacrosse Skill Development

- Cradling
- Throwing
- Catching
- Scooping
- Body Checking
- Dodging
- Shooting
- Leading Passes
- Goalkeeping

Soccer Skill Development

- Dribbling
- Ball striking
- Body movements
- Chipping
- Driving the ball
- Goal Scoring
- Heading
- Passing
- Shooting
- Throwing
- Trapping
- Tackling

Physical Development

- Muscular strength/endurance
- Cardiovascular fitness
- Coordination
- Agility training
- Power training
- Speed training

All skill and physical development is age appropriate.

New!!! Special Group Rates

\$150.00/soccer campers
\$175.00/lacrosse campers
(Minimum of 8 campers)

Medical Information

Any medical conditions should be reported to the director of the camp during check-in. List any additional medical information by enclosing an additional written document with this application.

Consent Form

I _____ acknowledge and fully understand that each participant will be engaging in activities that may involve risk of serious injury, including permanent disability and death, which may result from their own actions, inactions, or negligence of others, the rules of play, or the conditions of the premises or of any equipment used. I/we, the undersigned, for ourselves, our heirs, executors or administrators, waiver, release and forever discharge **Sticks N' Kicks Inc.**, its staff, employees, representatives, of and from all right claims for damages agents, to person or property which may be sustained or occur during participation in camp activities, or from camp, whether paid damages, injury or loss are due to negligence or not. In the event of an injury, I/we give authorization to Stick N' Kicks staff to administer first aid or care if needed.

Parent/guardian signature _____ Date _____

Emergency Contact Numbers

Home number _____

Work number _____